

2022 Lake Superior Conference

May 17 at Grand Rapids

Womens Varsity

1. Cloquet	189.5
2. Hibbing	126
3. Grand Rapids	88
4. Proctor	84
5. Hermantown	78
6. Superior	72
7. Duluth Denfeld	32.5
8. Marshall (Duluth)	17

Mens Varsity

1. Superior	144.5
2. Cloquet	129
3. Grand Rapids	128
4. Proctor	105
5. Hibbing	66
6. Duluth Denfeld	60
7. Hermantown	41
8. Marshall (Duluth)	22.5

Mens Wheelchair

1. Duluth Denfeld	3
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Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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1 Darrel James 11 Superior 10.97
2 Jordan Aultman 11 Cloquet 11.29
3 Courdib Nelson-Scaggs 12 Superior 11.33
4 Amari Manning 12 Hibbing 11.58
5 Risto Borgman 12 Grand Rapids 11.81
6 Taye Manns 9 Duluth Denfeld 11.93
7 Lance Young 12 Superior 12.03
8 Elijah Aultman 10 Cloquet 12.20
9 Jordan Boonpa 11 Cloquet 12.33
10 Trevor VonBrethorst 11 Hibbing 12.36
11 Aiden Chandler 11 Grand Rapids 12.39
12 Gavin Simonson 9 Hermantown 12.44
13 Reid Ketola 9 Grand Rapids 12.57
14 Andrew Lees 11 Hibbing 12.62
15 Cole Thorsvik 12 Hermantown 12.70
16 Finn Steckart 11 Marshall (Duluth) 12.71
17 Luke Pearson 10 Duluth Denfeld 12.74
18 Carter St. Germaine 11 Proctor 12.84
19 Rocco Erickson 11 Hermantown 13.22
20 Denzel Majwega 10 Marshall (Duluth) 13.22
21 Robert Laakso 12 Proctor 13.25
22 Gabe Johnson 10 Duluth Denfeld 13.42
23 Cooper Long 8 Marshall (Duluth) 13.46
24 Landin Laakso 10 Proctor 13.63
1 Blake Eaton 12 Duluth Denfeld 19.01

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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1 Darrel James 11 Superior 22.75
2 Austin Hanson 12 Grand Rapids 23.04

3 Tristan Zook 12 Duluth Denfeld 23.39
4 Risto Borgman 12 Grand Rapids 23.77
5 Reese Sheldon 11 Cloquet 23.87
6 Kolbin Carter 12 Proctor 24.00
7 Ethan DeFoe 12 Superior 24.02
8 Logan Drews 11 Hibbing 24.12
9 Alexander Petersen 12 Cloquet 24.14
10 Austin Prebeck 9 Grand Rapids 24.57
11 Taye Manns 9 Duluth Denfeld 24.83
12 Matt Harnell 12 Proctor 25.06
13 Zach Schnabel 12 Proctor 25.15
14 Thomas Hagen 11 Hibbing 25.20
15 Elijah Aultman 10 Cloquet 25.83
16 Gavin Simonson 9 Hermantown 25.99
17 Aiden Cox 12 Hermantown 26.30
18 Tyler Brannan 9 Duluth Denfeld 26.54
19 Ty McCall 10 Marshall (Duluth) 26.67
20 Rocco Erickson 11 Hermantown 26.77
21 Jian Sundvall 10 Marshall (Duluth) 28.32
22 Sam Berry 7 Marshall (Duluth) 28.50
1 Blake Eaton 12 Duluth Denfeld 35.32

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Austin Hanson 12 Grand Rapids 51.50
2 Evan Bowen 12 Proctor 52.57
3 Jacob Lind 10 Superior 53.39
4 Reese Sheldon 11 Cloquet 54.20
5 Cole Abernethy 9 Duluth Denfeld 54.85
6 Gavin Tabbert 10 Proctor 55.18
7 Emmet Prosen 10 Cloquet 57.07
8 Gus Haugen 11 Duluth Denfeld 57.13
9 Tucker Briggs 11 Superior 57.18
10 Dawson Craker 10 Superior 57.54
11 Zak McPhee 10 Proctor 58.24
12 Thorin Brown 12 Cloquet 58.91
13 Gunner Larson 9 Grand Rapids 59.41
14 Noah Blomquist 10 Hermantown 59.83
15 Aiden Cox 12 Hermantown 59.88
16 Austin Valento 9 Hibbing 1:00.14
17 Brayden Rock 11 Duluth Denfeld 1:00.49
18 Ethan Luiten 12 Hermantown 1:00.50
19 Trevor VonBrethorst 11 Hibbing 1:00.97
20 Ethan Aune 10 Hibbing 1:02.26
21 Jake Engeldinger 9 Grand Rapids 1:03.08
22 Cooper Long 8 Marshall (Duluth) 1:03.76
23 Sam Berry 7 Marshall (Duluth) 1:04.17
24 Luke Weis 9 Marshall (Duluth) 1:07.13

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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1 Andrew Schmitz 11 Hermantown 2:02.94
2 Ian Andersen 11 Grand Rapids 2:05.10
3 Calvin Snesrud 10 Cloquet 2:05.53
4 Xander Schroeder 12 Duluth Denfeld 2:07.14
5 Cale Prosen 12 Cloquet 2:10.06

- 6 Sam Buytaert 12 Cloquet 2:13.06
- 7 Luke Rosholt 10 Duluth Denfeld 2:15.40
- 8 Connor Krueger 11 Superior 2:15.94
- 9 Santiago Lenz 10 Proctor 2:16.01
- 10 Mason Sovada 11 Grand Rapids 2:17.57
- 11 Silas Langner 9 Hibbing 2:17.60
- 12 Thomas Flanagan 10 Hermantown 2:18.26
- 13 Edward Hakanson 12 Superior 2:18.64
- 14 Isaac Sushoreba 11 Proctor 2:18.75
- 15 Justin Walker 10 Hibbing 2:19.93
- 16 Brydon Kolenda 12 Proctor 2:19.95
- 17 Sam Dobinson 10 Hermantown 2:20.50
- 18 Aiden Robbins 10 Superior 2:24.47
- 19 Jonas Martinelli 10 Marshall (Duluth) 2:25.69
- 1 Blake Eaton 12 Duluth Denfeld 2:26.93
- 20 Ethan Aune 10 Hibbing 2:27.82
- 21 Dayton Landey 10 Grand Rapids 2:47.86
- 22 Kyle Larson 10 Duluth Denfeld 2:47.87
- 23 Luke Weis 9 Marshall (Duluth) 2:49.43

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Miles Fischer 11 Cloquet 4:39.99
- 2 Jacob Mertz 12 Cloquet 4:40.45
- 3 Josh Knight 12 Proctor 4:44.70
- 4 Charles Juntunen 11 Duluth Denfeld 4:55.06
- 5 Shane Leask 12 Superior 5:04.00
- 6 Elijah Wozniak 10 Proctor 5:06.53
- 7 Hendrick Hicks 12 Proctor 5:06.81
- 8 Kanayoliseh Onwudiegwu 11 Superior 5:09.27
- 9 Christian Massich 10 Hibbing 5:09.69
- 10 Alexander Zegan 12 Cloquet 5:13.96
- 11 Mason Adler 9 Grand Rapids 5:18.95
- 12 Zane Poenix 9 Grand Rapids 5:20.74
- 13 Seth Barton 10 Grand Rapids 5:24.30
- 14 Taite Murden 10 Hibbing 5:28.71
- 15 Russel Hill 8 Marshall (Duluth) 5:29.65
- 16 Oliver Stevens 10 Hibbing 5:30.70
- 17 Abraham Stone 9 Hermantown 5:35.48
- 18 Zach Warner 9 Hermantown 5:37.11
- 19 Nico Grigal 12 Duluth Denfeld 5:39.13
- 20 Aiden Rusk 12 Superior 5:42.30
- 21 Aidan Petrich 11 Hermantown 5:48.97

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Jacob Mertz 12 Cloquet 10:23.08
- 2 Luke Bettendorf 12 Proctor 10:53.92
- 3 Jaden Karren 10 Superior 10:56.77
- 4 Gabe Foucault 11 Proctor 11:01.22
- 5 Adrian Hanson-Kaasa 11 Grand Rapids 11:03.55
- 6 Kanayoliseh Onwudiegwu 11 Superior 11:16.51
- 7 Ian Berube 9 Cloquet 11:20.13
- 8 Sam Barton 10 Grand Rapids 11:48.75
- 9 Larson Curnow 9 Grand Rapids 11:48.96
- 10 Russel Hill 8 Marshall (Duluth) 11:59.03
- 11 Jacob Gelineau 12 Duluth Denfeld 12:35.73
- 12 Noah Deluca 10 Proctor 12:43.96

- 13 Gabe Buck 10 Duluth Denfeld 13:11.58
- 14 William Bauer 9 Cloquet 13:12.53
- 15 Ryan Lefor 12 Superior 15:11.14

Varsity Boys 110m Hurdles 39" Finals

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Athlete Yr Team Mark

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- 1 Wyatt Christensen 11 Grand Rapids 16.36
- 2 Isaiah Essien 11 Superior 16.53
- 3 Wesley Carlson 12 Grand Rapids 17.04
- 4 Dallas Swart 11 Hibbing 17.10
- 5 Herschel Christensen 9 Grand Rapids 17.50
- 6 Cameron Pease 10 Proctor 17.66
- 7 Cody Evers 10 Proctor 17.82
- 8 Hunter Willis 11 Superior 18.44
- 9 John Fisk 10 Duluth Denfeld 19.66
- 10 Wyatt Loken 12 Hermantown 19.69
- 11 Michael Kruse 9 Cloquet 19.92
- 12 Josh Anderson 10 Cloquet 20.33
- 13 Adili Elfundi 10 Duluth Denfeld 20.44
- 14 Kaleb Dobosenski 11 Proctor 20.56
- 15 Isaac Strand 12 Cloquet 20.87
- 16 Brock Bauer 9 Duluth Denfeld 21.24
- 17 Wyatt Scott 9 Hermantown 21.50
- 18 Kale Westlund 9 Superior 22.15
- 19 Aidan Petrich 11 Hermantown 22.43
- 20 Chris Woods 11 Hibbing 23.30

Varsity Boys 300m Hurdles 36" Finals

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Athlete Yr Team Mark

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- 1 Isaiah Essien 11 Superior 43.37
- 2 Hunter Willis 11 Superior 43.83
- 3 Cameron Pease 10 Proctor 44.19
- 4 Dallas Swart 11 Hibbing 44.36
- 5 Miigwan Tanner-Wostrel 11 Cloquet 44.56
- 6 Wyatt Loken 12 Hermantown 44.66
- 7 Cody Evers 10 Proctor 46.32
- 8 Hunter Fiet 12 Grand Rapids 46.74
- 9 Herschel Christensen 9 Grand Rapids 47.35
- 10 Trevon Stubblefield 11 Superior 48.45
- 11 Josh Anderson 10 Cloquet 48.87
- 12 Wesley Carlson 12 Grand Rapids 49.49
- 13 Michael Kruse 9 Cloquet 50.38
- 14 Cole Hughes 11 Hibbing 51.51
- 15 Brock Bauer 9 Duluth Denfeld 51.95
- 16 Kaleb Dobosenski 11 Proctor 53.09
- 17 Adili Elfundi 10 Duluth Denfeld 53.12
- 18 Jian Sundvall 10 Marshall (Duluth) 54.53
- 19 John Fisk 10 Duluth Denfeld 55.20
- 20 Aidan Petrich 11 Hermantown 55.81
- 21 Wyatt Scott 9 Hermantown 55.92

Varsity Boys 4x100m Relay Finals

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Team Time

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- 1 Superior 43.87
- 2 Cloquet 44.57
- 3 Grand Rapids 45.91

- 4 Hermantown 46.68
- 5 Duluth Denfeld 47.52
- 6 Hibbing 49.46
- 7 Marshall (Duluth) 51.13
- Proctor DQ

- 2 Josh Monreal 11 Proctor 49-07.00
- 3 Will Turnbull 12 Cloquet 45-11.00
- 4 Ross Rivord 12 Superior 45-09.00
- 5 Aiden Shepherd 10 Hibbing 44-02.50
- 6 Reese Turnbull 12 Cloquet 44-00.00
- 7 Hudson Steger 12 Duluth Denfeld 43-01.50
- 8 Benjamin Harker 10 Grand Rapids 42-06.00
- 9 Connor Brainard 12 Grand Rapids 42-05.00
- 10 Mason Sundquist 10 Cloquet 40-05.00
- 11 Alexander Henderson 10 Hibbing 39-03.00
- 12 Austin Wunner 11 Hermantown 38-10.00
- 13 Ben Bandy 10 Duluth Denfeld 38-01.50
- 14 Brett Pampuch 11 Proctor 36-10.50
- 15 Bo Waletzko 11 Superior 36-08.00
- 16 Jacen Nelson 11 Duluth Denfeld 36-06.00
- 17 Quinn Schnabel 11 Proctor 36-04.50
- 17 Evan Senst 9 Hermantown 36-04.50
- 19 Vincent Marchetti 10 Hibbing 35-08.50
- 20 Aidan Adamski 9 Marshall (Duluth) 33-10.00
- 21 Devon Surla 10 Superior 32-10.50
- 22 Cole Thorsvik 12 Hermantown 29-05.00
- 23 Jake Widdes 10 Marshall (Duluth) 27-09.50
- 24 Darby Dwyer 9 Marshall (Duluth) 23-03.50

Varsity Boys 4x200m Relay Finals

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Team Time

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- 1 Superior 1:34.77
- 2 Hermantown 1:35.08
- 3 Cloquet 1:37.40
- 4 Proctor 1:37.65
- 5 Duluth Denfeld 1:46.68
- 6 Marshall (Duluth) 1:48.98
- Hibbing DQ
- Grand Rapids DQ

Varsity Boys 4x400m Relay Finals

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Team Time

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- 1 Proctor 3:35.62
- 2 Superior 3:38.04
- 3 Duluth Denfeld 3:42.90
- 4 Cloquet 3:43.23
- 5 Hermantown 3:45.67
- 6 Grand Rapids 3:55.78
- 7 Marshall (Duluth) 5:07.13
- Hibbing DQ

Varsity Boys Discus 1.6kg Finals

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Athlete Yr Team Mark

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- 1 Josh Monreal 11 Proctor 145-03
- 2 Jackson Weston 12 Grand Rapids 140-07
- 3 Will Turnbull 12 Cloquet 134-01
- 4 Ben Bandy 10 Duluth Denfeld 130-02
- 5 Reese Turnbull 12 Cloquet 128-10
- 6 Zak McPhee 10 Proctor 124-06
- 7 Lance Konietzko 11 Cloquet 121-01
- 8 Connor Brainard 12 Grand Rapids 114-09

Varsity Boys 4x800m Relay Finals

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Team Time

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- 1 Cloquet 8:26.57
- 2 Proctor 8:46.92
- 3 Superior 8:55.02
- 4 Duluth Denfeld 8:56.43
- 5 Hibbing 9:13.80
- 6 Hermantown 9:21.99
- 7 Grand Rapids 9:48.83

Varsity Boys Discus 1.6kg Prelims

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Athlete Yr Team Mark

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- 1 Jackson Weston 12 Grand Rapids 140-07
- 2 Josh Monreal 11 Proctor 136-11
- 3 Ben Bandy 10 Duluth Denfeld 130-02
- 4 Will Turnbull 12 Cloquet 130-01
- 5 Reese Turnbull 12 Cloquet 128-01
- 6 Zak McPhee 10 Proctor 124-06
- 7 Lance Konietzko 11 Cloquet 121-01
- 8 Connor Brainard 12 Grand Rapids 114-09
- 9 Austin Wunner 11 Hermantown 114-09
- 10 Benjamin Harker 10 Grand Rapids 114-05
- 11 Hudson Steger 12 Duluth Denfeld 113-04
- 11 Bo Waletzko 11 Superior 113-04
- 13 Colton Jaros 11 Hermantown 111-11
- 14 Quinn Schnabel 11 Proctor 110-07
- 15 Vincent Marchetti 10 Hibbing 109-08
- 16 Evan Senst 9 Hermantown 107-07
- 17 Aidan Adamski 9 Marshall (Duluth) 106-11
- 18 Aiden Shepherd 10 Hibbing 100-10
- 18 Ezekiel Fish 12 Superior 100-10
- 20 Alexander Henderson 10 Hibbing 91-02
- 21 Connor Kittelson 10 Superior 83-11

Varsity Boys Shot Put 12lb Finals

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Athlete Yr Team Mark

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- 1 Jackson Weston 12 Grand Rapids 54-00.00
- 2 Josh Monreal 11 Proctor 49-07.00
- 3 Will Turnbull 12 Cloquet 45-11.00
- 4 Ross Rivord 12 Superior 45-09.00
- 5 Reese Turnbull 12 Cloquet 44-11.00
- 6 Aiden Shepherd 10 Hibbing 44-03.00
- 7 Hudson Steger 12 Duluth Denfeld 44-02.50
- 8 Benjamin Harker 10 Grand Rapids 42-06.00

Varsity Boys Shot Put 12lb Prelims

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Athlete Yr Team Mark

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- 1 Jackson Weston 12 Grand Rapids 53-04.00

22 Jake Widdes 10 Marshall (Duluth) 76-04
23 Darby Dwyer 9 Marshall (Duluth) 56-00

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Kolbin Carter 12 Proctor 6-02.00
- 2 Blake Schmitz 11 Hermantown 6-00.00
- 3 Jasper Timm 12 Marshall (Duluth) 6-00.00
- 4 Wyatt Christensen 11 Grand Rapids 5-08.00
- 5 Curtis Card 12 Grand Rapids 5-06.00
- 5 Jacob Jensrud 12 Hibbing 5-06.00
- 5 Trevor VonBrethorst 11 Hibbing 5-06.00
- 8 Denzel Majwega 10 Marshall (Duluth) 5-06.00
- 9 Kainebolisheh (KI-NAY) On 12 Superior 5-06.00
- 10 Aaron Nicolson 12 Proctor 5-04.00
- 11 Matthew Erickson 11 Cloquet 5-02.00
- 11 Herschel Christensen 9 Grand Rapids 5-02.00
- 13 Cole Abernethy 9 Duluth Denfeld 5-02.00
- 14 Ben Moe 12 Superior 5-00.00
- 15 Tristan Zook 12 Duluth Denfeld 5-00.00
- 15 Devin Kirchner 10 Hermantown 5-00.00
- 17 Finn Steckart 11 Marshall (Duluth) 5-00.00
- 17 Joe Bailey 10 Cloquet 5-00.00
- Broc Sundland 11 Hermantown NH
- Vincent Carlson 12 Hibbing DNS
- Logan Kunz 10 Cloquet NH
- Shane Leask 12 Superior NH
- Josh Rock 9 Duluth Denfeld NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Kaydin Metzgar 11 Grand Rapids 12-06.00
- 2 Ethan Roy 12 Hibbing 11-00.00
- 3 Austin Pierce 11 Hibbing 10-06.00
- 4 Ben Hubbard 12 Superior 10-00.00
- 5 Aric Johnson 11 Cloquet 10-00.00
- 6 Cole Hawkinson 11 Grand Rapids 9-06.00
- 7 Alexander Comer 10 Cloquet 9-06.00
- 8 Aaron South 10 Cloquet 8-00.00
- 9 Jason Thomas 11 Superior 8-00.00
- Gabe Buck 10 Duluth Denfeld NH
- Luke Rosholt 10 Duluth Denfeld NH
- Carter Bungarden 11 Hibbing NH
- Edward Hakanson 12 Superior NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Amari Manning 12 Hibbing 20-02.50
- 2 Jordan Goldfin 12 Superior 20-02.00
- 3 Courdin Nelson-Scaggs 12 Superior 19-09.00
- 4 Austin Prebeck 9 Grand Rapids 19-02.00
- 5 Tristan Zook 12 Duluth Denfeld 19-01.50
- 6 Jasper Timm 12 Marshall (Duluth) 18-09.00
- 7 Cameron Oliphant 12 Duluth Denfeld 18-03.00
- 8 Curtis Card 12 Grand Rapids 18-02.00

Varsity Boys Long Jump Prelims

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Athlete Yr Team Mark

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- 1 Courdin Nelson-Scaggs 12 Superior 19-09.00
- 2 Amari Manning 12 Hibbing 19-06.25
- 3 Austin Prebeck 9 Grand Rapids 19-02.00
- 4 Jasper Timm 12 Marshall (Duluth) 18-09.00
- 5 Jordan Goldfin 12 Superior 18-06.00
- 6 Tristan Zook 12 Duluth Denfeld 18-04.50
- 7 Curtis Card 12 Grand Rapids 18-02.00
- 8 Cameron Oliphant 12 Duluth Denfeld 18-01.50
- 9 Joseph Bailey 10 Cloquet 18-00.00
- 10 Reese Sheldon 11 Cloquet 17-09.00
- 10 Liu Newland 11 Duluth Denfeld 17-09.00
- 12 Elijah Aultman 10 Cloquet 17-05.00
- 13 Caden Peterson 8 Hermantown 17-03.00
- 14 Tanner Homstad 8 Hermantown 17-01.50
- 15 Ethan DeFoe 12 Superior 16-11.00
- 15 Matt Harnell 12 Proctor 16-11.00
- 17 Denzel Majwega 10 Marshall (Duluth) 16-07.00
- 18 Thomas Hagen 11 Hibbing 16-05.00
- 19 Sam Dobinson 10 Hermantown 16-02.00
- 20 Jaden Mayer 9 Marshall (Duluth) 15-09.00
- 21 Carter St. Germaine 11 Proctor 13-09.50
- Jacob Barnstorf 10 Proctor ND
- Reid Ketola 9 Grand Rapids ND
- Vincent Carlson 12 Hibbing ND

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Jacob Jensrud 12 Hibbing 40-06.50
- 2 Colton Johnson 10 Grand Rapids 39-08.50
- 3 Jasper Timm 12 Marshall (Duluth) 38-06.00
- 3 Jordan Goldfin 12 Superior 38-06.00
- 5 Joe Bailey 10 Cloquet 38-05.00
- 6 Calvin Darst 11 Superior 36-11.00
- 7 Liu Newland 11 Duluth Denfeld 36-06.50
- 8 Herschel Christensen 9 Grand Rapids 36-03.50

Varsity Boys Triple Jump Prelims

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Athlete Yr Team Mark

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- 1 Jacob Jensrud 12 Hibbing 38-08.00
- 2 Colton Johnson 10 Grand Rapids 38-07.50
- 3 Jordan Goldfin 12 Superior 38-06.00
- 4 Joe Bailey 10 Cloquet 38-05.00
- 5 Jasper Timm 12 Marshall (Duluth) 38-03.00
- 6 Calvin Darst 11 Superior 36-11.00
- 7 Liu Newland 11 Duluth Denfeld 36-06.50
- 8 Herschel Christensen 9 Grand Rapids 36-01.50
- 9 Lance Young 12 Superior 36-00.00
- 10 Denzel Majwega 10 Marshall (Duluth) 35-08.00
- 11 Ethan Roy 12 Hibbing 35-06.00
- 12 Cameron Oliphant 12 Duluth Denfeld 35-04.00
- 13 Tanner Homstad 8 Hermantown 35-01.00
- 14 Xavier Anderson 12 Cloquet 34-10.50
- 15 Caden Peterson 8 Hermantown 34-05.75
- 16 Alexander Petersen 12 Cloquet 34-02.75

17 Cole Abernethy 9 Duluth Denfeld 32-08.00
18 Jonas Martinelli 10 Marshall (Duluth) 28-06.25
19 Devin Kirchnar 10 Hermantown 28-00.00
20 Landin Laakso 10 Proctor 27-01.00

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Julia Gherardi 12 Hibbing 13.00
2 Lillian Gamache 11 Superior 13.20
3 Lauren Johnson 10 Proctor 13.55
4 Brynn Babich 8 Hibbing 13.58
5 Liv Birkeland 11 Hermantown 13.65
6 Alvine Njounang 12 Grand Rapids 13.65
7 McKenzie Branley 11 Superior 13.76
8 Lydia Stone 12 Cloquet 13.81
9 Tara Hertling 9 Hibbing 13.86
10 Annika Nelson 9 Hermantown 13.88
11 Adaeze Enemuoh 9 Hermantown 13.98
12 Natalia Williams 9 Duluth Denfeld 14.05
13 Kylie DeBay 8 Grand Rapids 14.13
14 Kiera Kylander-Johnson 7 Marshall (Duluth) 14.14
15 Lily Smith 9 Proctor 14.26
16 Lexie Pueringer 8 Marshall (Duluth) 14.50
17 Jada Morgan 9 Grand Rapids 14.65
18 Addison Sandman 9 Cloquet 14.97
19 Alex Johnson 9 Superior 15.19
20 Olivia Macaulay 12 Cloquet 15.52
21 Bailey Evers 12 Proctor 15.72
22 Syrena Richard 12 Duluth Denfeld 16.42
23 Chloe Clark 10 Marshall (Duluth) 17.35
24 Margaret Duncan 11 Duluth Denfeld 19.32

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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1 Alexa Snesrud 11 Cloquet 27.28
2 Faith Zidarich 12 Grand Rapids 27.44
3 Alvine Njounang 12 Grand Rapids 27.74
4 Kellyn Biondi 11 Hermantown 27.84
5 Lauren Johnson 10 Proctor 27.84
6 Tara Hertling 9 Hibbing 28.27
7 Adaeze Enemuoh 9 Hermantown 28.83
8 Claire Rewertz 11 Hibbing 28.94
9 Kennedy Wick 9 Cloquet 28.96
10 Sarah Turner 9 Cloquet 29.27
11 Addison Hieb 9 Proctor 29.33
12 Kelsey Tangen 10 Proctor 29.38
13 Anna Foldesi 11 Duluth Denfeld 29.45
14 Lauren Bates 9 Grand Rapids 29.56
15 Emma Ferg 9 Superior 30.34
16 Symone Perez 10 Hibbing 30.40
17 Kaylee Eisel 10 Superior 30.48
18 Alex Johnson 9 Superior 31.72
19 Erica McDonald 10 Hermantown 31.75
20 Ray Anderson 9 Marshall (Duluth) 32.51
21 Ada Skafte 10 Marshall (Duluth) 34.16
22 Alexandria Garcia-Kokotov 9 Duluth Denfeld 37.26
23 Emma Nephew 7 Marshall (Duluth) 39.54

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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1 Liv Birkeland 11 Hermantown 1:03.59
2 Abigail Theien 9 Hibbing 1:03.86
3 Alvine Njounang 12 Grand Rapids 1:04.62
4 Lydia Stone 12 Cloquet 1:04.65
5 Kiera Kylander-Johnson 7 Marshall (Duluth) 1:04.78
6 Gianna Figueroa 9 Hibbing 1:05.04
7 Alexa Shepherd 10 Cloquet 1:05.17
8 Caley Kruse 12 Cloquet 1:05.89
9 Paige Evans 9 Proctor 1:06.03
10 Brooke Wiese 8 Hermantown 1:06.74
11 Lily Anderson 12 Duluth Denfeld 1:07.42
12 Lola Witty 8 Proctor 1:07.77
13 Kayla Jenkins 9 Grand Rapids 1:08.46
14 Andrea Petroske 9 Hibbing 1:08.57
15 Allana Carlson 11 Proctor 1:10.02
16 Alivia Visger 9 Superior 1:12.16
17 Olivia Johnson 9 Hermantown 1:16.64
18 Jenna Briggs 9 Superior 1:19.49
19 Lauren Raitanen 10 Grand Rapids 1:22.59

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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1 Claire Nicksich 8 Hermantown 2:32.01
2 Campbell Amundson 9 Hermantown 2:32.30
3 Paisley Kleiman 9 Proctor 2:34.14
4 Carlie Blevins 10 Proctor 2:36.54
5 Lauren Hughes 8 Cloquet 2:37.56
6 Katie Turner 12 Cloquet 2:38.98
7 Kylie Peterson 10 Superior 2:39.05
8 Mercury Bischoff 9 Grand Rapids 2:40.96
9 Reese Aune 11 Hibbing 2:41.32
10 Makayla Stirewalt 8 Cloquet 2:42.33
11 Charleigh Hartl 10 Hibbing 2:48.42
12 Emily Walters 10 Grand Rapids 2:49.49
13 Ali Bretto 8 Hibbing 2:51.26
14 Sasha Peterson 12 Superior 2:52.21
15 Rachel Bergh 12 Duluth Denfeld 2:52.71
16 Abigail Schunk 10 Proctor 2:53.31
17 Emily Timm 10 Grand Rapids 2:56.99
18 Hadley Riutta 7 Marshall (Duluth) 3:00.10
19 Milla Beldo 10 Duluth Denfeld 3:12.82
20 Janelle King 10 Duluth Denfeld 3:29.03

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Jorie Anderson 10 Hibbing 5:41.94
2 Lizzy Harnell 9 Proctor 5:42.51
3 Campbell Amundson 9 Hermantown 5:43.84
4 Kylie Peterson 10 Superior 5:45.41
5 Jocelyn Strukel 10 Hibbing 5:52.28
6 Erin Soup Loeb 10 Cloquet 5:52.29
7 Keegan McAuliffe 12 Marshall (Duluth) 5:54.11
8 Emily Walters 10 Grand Rapids 5:56.08
9 Audra Murden 8 Hibbing 5:59.51

- 10 Della Bettendorf 9 Proctor 6:05.41
- 11 Amelia Allen 12 Cloquet 6:10.39
- 12 Makenzie Simula 11 Cloquet 6:13.20
- 13 Ginger Paul 8 Duluth Denfeld 6:14.31
- 14 Sasha Peterson 12 Superior 6:15.09
- 15 Madelynn Olsen 12 Hermantown 6:16.11
- 16 Julia Knight 10 Proctor 6:19.71
- 17 Hadley Riutta 7 Marshall (Duluth) 6:23.05
- 18 Annika Wennberg 12 Duluth Denfeld 6:33.96
- 19 Milla Beldo 10 Duluth Denfeld 7:04.48
- 20 Baijla Graeber 10 Grand Rapids 7:13.66
- 21 Jaide Sondrol 12 Grand Rapids 7:57.26

- 5 Ellee Nelson 9 Grand Rapids 53.20
- 6 Jada Kirk 11 Marshall (Duluth) 54.13
- 7 Macava Smith 11 Cloquet 54.45
- 8 Aubree Munich 9 Superior 55.13
- 9 Katelyn Olson 11 Cloquet 55.99
- 10 Lilly Watkins 12 Grand Rapids 56.76
- 11 KelliJoy Manninen 9 Proctor 58.61
- 12 Luci Bretto 9 Hibbing 59.31
- 13 Hannah Brula 9 Grand Rapids 59.78
- 14 Veyda Friend 8 Hibbing 59.81
- 15 Ellie Pease 7 Proctor 1:00.67

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Mileena Sladek 10 Hibbing 12:33.04
- 2 Lizzy Harnell 9 Proctor 12:35.16
- 3 Rachel Bettendorf 7 Proctor 12:56.06
- 4 Emma Reini 9 Hibbing 12:59.18
- 5 Miriam Milani 11 Hibbing 13:06.04
- 6 Keegan McAuliffe 12 Marshall (Duluth) 13:08.49
- 7 Ella Karkela 10 Grand Rapids 13:12.13
- 8 Whitney Sylvester 10 Grand Rapids 13:30.85
- 9 KelliJoy Manninen 9 Proctor 13:39.98
- 10 Elise Cawcutt 10 Cloquet 13:49.91
- 11 Ferrah LaLone 9 Hermantown 13:51.57
- 12 Lily Paul 11 Duluth Denfeld 14:07.11
- 13 Victoria Nelson 10 Cloquet 14:40.41
- 14 Madysen Waters 10 Cloquet 15:32.87

Varsity Girls 100m Hurdles 33" Finals

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Athlete Yr Team Mark

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- 1 Olivia Jameson 12 Cloquet 16.75
- 2 Savannah Leopold 11 Superior 17.53
- 3 Ellee Nelson 9 Grand Rapids 17.56
- 4 Elaine Lynas 12 Proctor 17.96
- 5 Geli Stenson 11 Hibbing 18.37
- 6 Katelyn Olson 11 Cloquet 18.38
- 7 Lilly Watkins 12 Grand Rapids 18.95
- 8 Makayla Stirewalt 8 Cloquet 19.18
- 9 Riley Toivonen 10 Grand Rapids 19.47
- 10 Veyda Friend 8 Hibbing 20.53
- 11 Ray Anderson 9 Marshall (Duluth) 20.76
- 12 Aubree Munich 9 Superior 20.91
- 13 Tamera Gosser 10 Hibbing 21.48
- 14 Kasey Olson 12 Proctor 22.32
- 15 Jenna Briggs 9 Superior 22.40
- 16 Addi Stauber 10 Marshall (Duluth) 23.03
- 17 Ayla Millbridge 9 Proctor 23.40

Varsity Girls 300m Hurdles 30" Finals

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Athlete Yr Team Mark

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- 1 Olivia Jameson 12 Cloquet 48.48
- 2 Elaine Lynas 12 Proctor 49.57
- 3 Savannah Leopold 11 Superior 49.86
- 4 Geli Stenson 11 Hibbing 51.46

Varsity Girls 4x100m Relay Finals

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Team Time

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- 1 Superior 52.76
- 2 Hermantown 53.62
- 3 Cloquet 54.34
- 4 Proctor 54.53
- 5 Grand Rapids 54.61
- 6 Duluth Denfeld 55.77
- 7 Hibbing 56.78
- 8 Marshall (Duluth) 57.07

Varsity Girls 4x200m Relay Finals

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Team Time

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- 1 Cloquet 1:52.73
- 2 Hibbing 1:52.74
- 3 Grand Rapids 1:53.50
- 4 Proctor 1:57.04
- 5 Hermantown 1:57.44
- 6 Duluth Denfeld 1:58.50
- 7 Superior 1:58.72
- 8 Marshall (Duluth) 2:03.42

Varsity Girls 4x400m Relay Finals

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Team Time

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- 1 Hibbing 4:17.96
- 2 Cloquet 4:21.72
- 3 Grand Rapids 4:31.71
- 4 Proctor 4:38.90
- 5 Duluth Denfeld 4:40.27
- 6 Marshall (Duluth) 5:06.69

Varsity Girls 4x800m Relay Finals

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Team Time

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- 1 Hibbing 10:15.22
- 2 Cloquet 10:16.57
- 3 Proctor 10:19.31
- 4 Grand Rapids 10:41.15
- 5 Duluth Denfeld 11:28.58

Varsity Girls Shot Put 4kg Finals

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Athlete Yr Team Mark

- =====
- 1 Bella Harriman 12 Cloquet 33-03.00
 - 2 Rowan Krueger -Barth 12 Grand Rapids 33-02.50
 - 3 Emma Herstad 11 Hermantown 32-06.00
 - 4 Seija Suominen 11 Cloquet 31-03.00
 - 5 Isabelle Walto 9 Hibbing 30-06.00
 - 6 Gabby Belrose 10 Hermantown 30-04.50
 - 7 Justine Carsrud 12 Grand Rapids 30-02.00
 - 8 Audry Marunich 12 Proctor 28-03.50

Varsity Girls Shot Put 4kg Prelims

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Athlete Yr Team Mark

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- 1 Bella Harriman 12 Cloquet 33-03.00
- 2 Rowan Krueger -Barth 12 Grand Rapids 33-02.50
- 3 Emma Herstad 11 Hermantown 32-06.00
- 4 Seija Suominen 11 Cloquet 31-03.00
- 5 Isabelle Walto 9 Hibbing 30-06.00
- 6 Gabby Belrose 10 Hermantown 30-04.50
- 7 Justine Carsrud 12 Grand Rapids 30-02.00
- 8 Audry Marunich 12 Proctor 28-03.50
- 9 Emily Brula 10 Grand Rapids 28-01.50
- 10 Cora Lord 9 Hermantown 26-03.00
- 11 Hannah Sandman 11 Cloquet 25-03.00
- 12 Sam Walker 12 Proctor 25-00.50
- 13 Chloe Wojciehowski 11 Hibbing 24-09.00
- 14 Ray Anderson 9 Marshall (Duluth) 24-00.00
- 15 Reese Aune 11 Hibbing 23-11.00
- 16 Nevaeh Surla 9 Superior 23-05.00
- 17 Gianna Boheim 12 Duluth Denfeld 23-02.50
- 18 Carissa Vagt 9 Superior 21-09.00
- 19 Claire Farnham 11 Superior 21-06.00
- 20 Natalya Onraet 9 Proctor 21-01.50
- 21 Abigail Schubert 9 Duluth Denfeld 15-03.00

Varsity Girls Discus 1kg Finals

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Athlete Yr Team Mark

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- 1 Seija Suominen 11 Cloquet 113-10
- 2 Bella Harriman 12 Cloquet 111-10
- 3 Elise Harriman 11 Hermantown 104-00
- 4 Rowan Krueger -Barth 12 Grand Rapids 97-08
- 5 Justine Carsrud 12 Grand Rapids 91-10
- 6 Ahna Demenge 10 Cloquet 82-10
- 7 Sam Walker 12 Proctor 79-04
- 8 Claire Kloster 11 Duluth Denfeld 74-10

Varsity Girls Discus 1kg Prelims

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Athlete Yr Team Mark

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- 1 Bella Harriman 12 Cloquet 111-05
- 2 Seija Suominen 11 Cloquet 110-09
- 3 Elise Harriman 11 Hermantown 110-01
- 4 Rowan Krueger -Barth 12 Grand Rapids 90-01
- 5 Ahna Demenge 10 Cloquet 88-06
- 6 Justine Carsrud 12 Grand Rapids 84-04
- 7 Claire Kloster 11 Duluth Denfeld 78-05
- 8 Sam Walker 12 Proctor 78-02
- 9 Audry Marunich 12 Proctor 75-09

- 10 Annika Tveiten 9 Hermantown 75-04
- 11 Alyssa Yokom 11 Hermantown 75-02
- 12 Emma Thomsen 10 Grand Rapids 73-11
- 13 Ray Anderson 9 Marshall (Duluth) 70-06
- 14 Rosemary Huber 11 Superior 61-08
- 15 Mya Petroskey 9 Hibbing 61-00
- 16 Isabelle Walto 9 Hibbing 60-07
- 17 Adrianna Pagan 10 Superior 60-01
- 18 Claire Farnham 11 Superior 57-10
- 19 Chloe Wojciehowski 11 Hibbing 57-03
- 20 Gianna Boheim 12 Duluth Denfeld 53-01
- 21 Bianca Jukic 8 Marshall (Duluth) 52-04
- 22 Susie Sheldrake 12 Proctor 47-03

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Olivia Jameson 12 Cloquet 5-04.00
- 2 Taylor Wick 11 Cloquet 5-04.00
- 3 Elliana Jouppi 12 Duluth Denfeld 4-11.00
- 4 Kloe Zentkowski 10 Superior 4-10.00
- 5 Olivia Johnson 9 Hermantown 4-08.00
- 6 Caley Kruse 12 Cloquet 4-08.00
- 7 Symone Perez 10 Hibbing 4-06.00
- 8 Donna Hoffbauer 10 Proctor 4-06.00
- 9 Addi Stauber 10 Marshall (Duluth) 4-04.00
- 10 McKayla Cagle 12 Grand Rapids 4-04.00
- 10 Ellee Nelson 9 Grand Rapids 4-04.00
- 12 Aubree Munich 9 Superior 4-02.00
- 13 Allana Carlson 11 Proctor 4-02.00
- 14 Summer Rabold 12 Proctor 4-02.00
- 15 Riley Toivonen 10 Grand Rapids 4-00.00
- Winnie Carmichael 8 Marshall (Duluth) NH
- Olivia Christner 10 Superior NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Julia Gherardi 12 Hibbing 11-06.00
- 2 Josie Hanttula 11 Grand Rapids 10-00.00
- 3 Ilei Benson 12 Cloquet 8-06.00
- 4 Mileena Sladek 10 Hibbing 8-00.00
- 5 Lillian Gamache 11 Superior 7-00.00
- Grace Swanson 10 Cloquet NH
- Rachel Bergh 12 Duluth Denfeld NH
- Ginger Paul 8 Duluth Denfeld NH
- Autumn Peterson 10 Cloquet NH
- Annika Wennberg 12 Duluth Denfeld NH
- Liv Hofstad 12 Grand Rapids DNS
- Kayla Reamer 10 Superior NH
- Dakota Dalbec 10 Superior NH

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Taylor Wick 11 Cloquet 16-00.50
- 2 McKenzi Branley 11 Superior 15-09.00
- 3 Elliana Jouppi 12 Duluth Denfeld 15-05.00
- 4 Lydia Stone 12 Cloquet 15-04.00

5 Savannah Leopold 11 Superior 14-11.00
6 Lauren Johnson 10 Proctor 14-09.00
7 Julia Gherardi 12 Hibbing 14-08.25
8 Katie Turner 12 Cloquet 14-08.00

16 Milla Beldo 10 Duluth Denfeld 23-10.00
17 Hailey Cummins 10 Marshall (Duluth) 23-09.50
18 Addi Stauber 10 Marshall (Duluth) 20-05.50

Varsity Girls Long Jump Prelims

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Athlete Yr Team Mark

=====

1 Taylor Wick 11 Cloquet 16-00.50
2 McKenzi Branley 11 Superior 15-09.00
3 Elliana Jouppi 12 Duluth Denfeld 15-05.00
4 Lydia Stone 12 Cloquet 15-04.00
5 Savannah Leopold 11 Superior 14-11.00
6 Lauren Johnson 10 Proctor 14-09.00
7 Julia Gherardi 12 Hibbing 14-08.25
8 Katie Turner 12 Cloquet 14-08.00
9 Keely Morehouse 12 Superior 14-06.00
10 Gianna Hansen 8 Proctor 13-02.00
11 Kiera Kylander-Johnson 7 Marshall (Duluth) 12-06.25
12 Kayla Jenkins 9 Grand Rapids 12-06.00
13 Hannah Brula 9 Grand Rapids 12-01.00
14 Claire Rewertz 11 Hibbing 11-10.75
15 Chloe Lind 10 Proctor 11-09.00
16 Ada Skafte 10 Marshall (Duluth) 11-08.00
17 Milla Beldo 10 Duluth Denfeld 11-02.00
18 Brielle Babich 10 Hibbing 10-11.50
19 Kelsie Zimmer 9 Grand Rapids 10-05.75
-- Chloe Clark 10 Marshall (Duluth) ND

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

=====

1 Taylor Wick 11 Cloquet 34-11.50
2 Olivia Jameson 12 Cloquet 34-06.00
3 Elliana Jouppi 12 Duluth Denfeld 32-09.50
3 Alexa Snesrud 11 Cloquet 32-09.50
5 Paige Rusk 12 Superior 32-03.50
6 Mollie Rossing 12 Superior 31-09.50
7 Emma Herstad 11 Hermantown 31-00.75
8 Tara Hertling 9 Hibbing 30-04.25

Varsity Girls Triple Jump Prelims

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Athlete Yr Team Mark

=====

1 Taylor Wick 11 Cloquet 34-11.00
2 Olivia Jameson 12 Cloquet 33-08.50
3 Alexa Snesrud 11 Cloquet 32-09.50
4 Paige Rusk 12 Superior 32-03.50
5 Mollie Rossing 12 Superior 31-09.50
6 Elliana Jouppi 12 Duluth Denfeld 30-11.00
7 Emma Herstad 11 Hermantown 30-06.00
8 Tara Hertling 9 Hibbing 30-04.25
9 Brynn Babich 8 Hibbing 29-08.50
10 Kelsey Tangen 10 Proctor 29-08.00
11 Kyra Giffen 11 Grand Rapids 29-04.50
12 Donna Hoffbauer 10 Proctor 28-07.50
13 Kylie DeBay 8 Grand Rapids 27-07.50
14 Ada Skafte 10 Marshall (Duluth) 24-04.50
15 Lilly Talarico 7 Proctor 24-00.50